



## Allergen Information

**DECEMBER 2022**

We recommend that you always consult your doctor for questions regarding your diet as Popeyes Louisiana Kitchen, Inc, its franchisees and employees, do not assume responsibility for a person's sensitivity or allergy to food provided in our restaurants. The allergen information provided is based on our suppliers' ingredient lists as of December 2022. Please note that normal kitchen operations may involve some shared cooking and preparation areas and utensils, and the possibility exists that your food items may come in contact with other food products, including other allergens. Products fried in a shared fryer include, but may not be limited to: Signature Bone-in Chicken, Tenders, Chicken Sandwich Filet, Nuggets, Seafood, Cajun Fries and Fried Pies/Beignets. Products toasted in a shared toaster include, but may not be limited to Sandwich Buns.

Test and Limited Time Only ("LTO") offerings may not be listed here. Product availability and nutrition information for some menu items may vary by location. We encourage anyone with food sensitivities, allergies, or special dietary needs to check [www.popeyes.com](http://www.popeyes.com) on a regular basis to obtain the most up-to-date ingredient information before ordering.

- Menu item contains allergen
- Menu item may contain allergen

Menu Item	Shared Fryer (F) / Toaster (T)	Milk	Wheat	Egg	Soy	Fish / Shellfish	Peanuts	Tree Nuts	Sesame
<b>BONAFIDE® CHICKEN - CLASSIC OR SPICY</b>									
Classic Chicken (Wing, Leg, Breast, Thigh)	F	•	•	•					
Spicy Chicken (Wing, Leg, Breast, Thigh)	F	•	•	•					
<b>TENDERS &amp; NUGGETS</b>									
Classic Tenders	F	•	•	•					
Spicy Tenders	F	•	•	•					
Blackened Tenders	F	•	•	•					
Nuggets	F	•	•	•					
<b>SEAFOOD</b>									
Popcorn Shrimp	F	•	•	•		•			
<b>SANDWICHES</b>									
Classic Chicken Sandwich	F / T	•	•	•	•				○
Spicy Chicken Sandwich	F / T	•	•	•	•				○
<b>SIGNATURE SIDES</b>									
Biscuit		•	•		•				
Cajun Fries	F		•						
Mac & Cheese		•	•	•	•				
Mashed Potatoes with Cajun Gravy		•	•		•				
Red Beans & Rice									
Cajun Rice					•				
Cole Slaw				•	•				
Jalapeno									
<b>DIPPING SAUCES</b>									
Bayou Buffalo™		•							
BoldBQ™			•		•				
Blackened Ranch		•		•					

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Buttermilk Ranch		•		•					
Mardi Gras Mustard™				•					
Sweet Heat®									
Tartar				•					
Creole Cocktail									
<b>DESSERTS</b>									
Cinnamon Apple Pie	F	•	•		•				
<b>BEVERAGES</b>									
Coca-Cola®									
Diet Coke®									
Sprite®									
Fanta® Strawberry									
Fanta® Orange									
Hawaiian® Punch									
Mountain Dew®									
Pepsi®									
Diet Pepsi®									
Dr. Pepper®									
Unsweetened Tea									
Sweet Tea									
Minute Maid® Lemonade									